

Mama B's Most Excellent Spaghetti Sauce

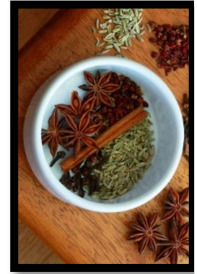
This is a family recipe that endured for generations.

Ingredients:

<i>3 Cans Tomatoes, whole (796 ml)</i>	<i>1 Lb. Ground beef</i>
<i>1 Green pepper, diced</i>	<i>10 Mushroom, minced</i>
<i>1 Large onion, diced</i>	<i>4 Garlic cloves, minced</i>
<i>4 Tbsp Olive oil</i>	<i>1 Can Tomato paste (156 ml)</i>
<i>1 Tbsp Mama B's Italian</i>	

Directions:

- *Cook the ground beef until all pink has gone. Drain fat.*
- *Dice the green pepper, mushroom and onion to ¼ in cubes.*
- *Finely mince the garlic.*
- *In a cooking pot, stir in all the ingredients and mix well.*
- *Put on low heat and let cook for 5 hours, stirring occasionally.*



*Spice
Blend:
Italian*

